# Erika H. Siegel, Ph.D.

Curriculum Vitae, August 2018

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University of California, San Francisco
Health Psychology, Department of Psychiatry

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## **CURRENT POSITION**

Postdoctoral Fellow in Health Psychology

Department of Psychiatry, UC San Francisco School of Medicine

#### **EDUCATION**

2015	Northeastern University (Boston, MA) Ph.D., Psychology
2009	College of William & Mary (Williamsburg, VA) M.A., Experimental Psychology
2006	University of California Irvine (Irvine, CA) B.A., Psychology and Social Behavior

## RESEARCH INTERESTS

- Emotion and Affect
- Consciousness
- Interoception

- Psychophysiology
- Individual differences
- ❖ Health

## **FUNDING. FELLOWSHIPS. AND HONORS**

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2015-2017	NIMH, T32, Psychology and Medicine: Translational Research on Stress, Behavior and Disease	
2017	UC San Francisco Dept. of Psychiatry, Travel Award	
2015	Society for Personality and Social Psychology, Travel Award	
2008	College of William & Mary, Summer Research Fellowship	
2008	Association for Psychological Science, Travel Award	
2008	College of William & Mary, Small Research Grant	
2007-2009	College of William & Mary, Research Fellowship	

2006 UC Irvine, Research Fellowship

2005 UC Irvine, Upper Division Writing Award in the Social Sciences

### **PUBLICATIONS**

(\*shared authorship, a undergraduate student co-author, b trainee co-author)

Wormwood, J.B., Kahn, Z., **Siegel, E.H.**, Lynn, S., Dy, J., Barrett, L.F., & Quigley, K. *(in revision)* Physiological indices of challenge and threat: A data-driven investigation of ANS reactivity during an active coping stressor task. *Psychophysiology* 

Wormwood, J.B.\*, **Siegel, E.H.\***, Kopec, J.<sup>b</sup>, Quigley, K., & Barrett, L.F. (2018). You are how I feel: An empirical test of the affective realism hypothesis. *Emotion. doi: 10.1037/emo0000484* 

**Siegel, E.H.**, Sands, M.K.<sup>a</sup>, Van Der Noortgate, W., Condon, P., Chang, Y., Dy, J., Quigley, K., Barrett, L.F. (2018). Emotion fingerprints or emotion populations? A meta-analytic investigation of autonomic features of emotion categories. *Psychological Bulletin* 144(4), 343-.

**Siegel, E.H.\***, Wormwood, J.B.\*, Quigley, K.S., & Barrett, L.F. (2018). Seeing what you feel: Affect drives visual perception of structurally neutral faces. *Psychological Science*. *29(4)*, 496-503.

Gruber, J., **Siegel, E.H.**, Purcell, A.L., Earls, H., Cooper, G., Barrett, L.F. (2016). Unseen positive and negative affective information influences social perception in Bipolar I disorder and healthy adults. *Journal of Affective Disorders*, *192*, 191-198.

Kring, A.M., **Siegel, E.H.**, & Barrett, L.F. (2014). Unseen affective faces influence person perception judgments in schizophrenia. *Clinical Psychological Science* 2(4), 443-454.

Lindquist, K. A., **Siegel, E.H.**, Quigley, K.S. & Barrett, L.F. (2013) The hundred-year emotion war: Are emotions natural kinds or psychological constructions? Comment on Lench, Flores, and Bench (2011). *Psychological Bulletin*, *139*, 255-263.

Anderson, E., **Siegel, E.H.**, White, D<sup>a</sup>., & Barrett, L.F. (2012). Out of sight but not out of mind: Unseen affective faces influence evaluations and social impressions. *Emotion*, *12*(6), 1210-1218

**Siegel, E.H.** & Stefanucci, J.K. (2011). A little bit louder now: Negative affect increases perceived loudness. *Emotion, 11(4),* 1006-1011.

Anderson, E.\*, **Siegel, E.H.**\*, Bliss-Moreau, E, & Barrett, L.F. (2011) The visual impact of gossip. *Science*, 332, 1446-1448.

Anderson, E., **Siegel, E.H.**, & Barrett, L.F. (2011). What you feel influences what you see: The role of affective feelings in resolving binocular rivalry. *Journal of Experimental Social Psychology*, *47(4)*, 856-860.

#### SUBMITTED MANUSCRIPTS

**Siegel, E.H.** & Mendes, W.B. Stress reactivity in older adulthood: An empirical test of the maturational dualism hypothesis. *Under Review* 

Khalaf, A., Nabian. M., Fan, M., Yin, Y., Wormwood, J., **Siegel, E.H.**, Quigley, K., Akcakaya, M., Chou, C. & Ostadabbas, S. Analysis of multimodal physiological signals within and across individuals to predict psychological threat vs. challenge. *Under Review* 

#### MANUSCRIPTS IN PREPARATION

**Siegel, E.H.,** West, T., & Mendes, W.B. I feel your pain. Sadness contagion in physiology and self-report. *In Preparation*.

**Siegel, E.H.**\*, Wormwood, J.B.\*, Kopec, J.<sup>b</sup>, Barrett, L.F., & Quigley, K. Can awareness of your body change how you feel? Exploring how interoceptive sensitivity influences affective reactivity. *In preparation*.

**Siegel, E.H.**, Sands, M.K.ª, Van Der Noortgate, W., Chang, Y., Dy, J., Quigley, K., Barrett, L.F. Degeneracy in the peripheral nervous system: A meta-analytic investigation of peripheral physiological features of affect categories. *In preparation*.

## PRESENTATIONS AND INVITED TALKS (selected)

(a undergraduate student co-author, b trainee co-author)

Siegel, E.H., del Rosario, K.<sup>b</sup>, Kubzansky, L., & Mendes, W.B. (October, 2018). Always look on the bright side of life: An investigation of optimism and social evaluative threat. Symposia presentation, *Society for Psychophysiological Research*, Quebec City, Canada.

Siegel, E.H. (September, 2018). Our emotions, our bodies, ourselves. Sources of variability in our affective responses to the world. Invited Colloquium, *Institute for Personality and Social Research*. University of California, Berkeley.

Siegel, E.H., West, T., & Mendes, W.B. (May, 2018). I feel your pain: Sadness contagion in subjective experience and physiology. Symposia presentation, *Association for Psychological Science*, San Francisco, CA

Siegel, E.H., West, T., & Mendes, W.B. (March, 2018). I feel your pain: Sadness contagion in subjective experience and physiology. Symposia presentation, *Society for Personality and Social Psychology*, Atlanta, GA.

Siegel, E.H. (October, 2017). Our emotions, our bodies, ourselves. Sources of variability in our affective responses to the world. Invited presentation. *University of California, Davis* 

Siegel, E.H. & Mendes, W.B. (April, 2017). Stress reactivity in older adulthood: An empirical test of the maturational dualism hypothesis. Thematic flash talk, *Society for Affective Science*, Boston, MA.

Siegel, E.H. (April, 2017). Emotion in the Body. Invited Presentation, *Bose Corporation*, Framingham, MA.

Siegel, E.H., Carrillo, B., Bautista, N.<sup>b</sup> & Mendes, W.B. (January, 2017). I feel your pain: Sadness contagion and the role of interoceptive awareness. Symposia presentation, *Society for Personality and Social Psychology*, San Antonio, TX.

Siegel, E.H. & Barrett, L. (October, 2012). What you feel influences what you see: Affective influences in normal visual consciousness. Symposia presentation, *Society for Experimental Social Psychology*, Austin, TX.

Siegel, E.H. & Barrett, L. (July, 2010). Affective Vision. Invited Presentation, *Army Research Institute*, Arlington, VA.

## PRESENTED POSTERS (selected)

(a undergraduate student co-author, b trainee co-author)

Siegel, E.H., Sands, M. K.<sup>b</sup>, Condon, P., Quigley, K. & Barrett, L.F. (2016). *Society for Affective Science Annual Meeting*, Chicago, IL.

Siegel, E.H., Cannon, M.S.<sup>a</sup>, Condon, P., Quigley, K. & Barrett, L.F. (2015) Society for Personality and Social Psychology Annual Meeting, Long Beach, CA.

Siegel, E.H., Cannon, M.S.ª, Condon, P., Quigley, K. & Feldman Barrett, L. (2014) *Society for Psychophysiological Research Annual Meeting*, Atlanta, GA.

Siegel, E.H., Wormwood, J.B., Kopec, J.<sup>b</sup>, Sears, L.<sup>b</sup>, Quigley, K., & Feldman Barrett, L. (2014) *Society for Psychophysiological Research Annual Meeting*, Atlanta, GA.

Siegel, E.H., Sears, L.a, Sanders-Cannon, M.a, Barrett, L.F., & Quigley, K. (2012) Society for Physiological Research Annual Meeting, New Orleans, LA.

Siegel, E.H., Anderson, E. & Barrett, L.F. (2011). Society for Personality and Social Psychology Annual Meeting, San Antonio, TX.

Siegel, E.H., Anderson, E. & Barrett, L.F. (2010). Vision Sciences Society Annual Meeting, Naples, FL.

Siegel, E.H., Stefanucci, J.K., & Guess, M.N. (2008). Association for Psychological Science Annual Meeting, Chicago, IL.

Siegel, E.H., Stefanucci, J.K., & Guess, M.N. (2008). Vision Sciences Society Annual Meeting, Naples, FL.

Siegel, E.H. & Lench, H. C., (2007). Stanford Undergraduate Psychology Conference, Palo Alto, CA.

#### TEACHING AND MENTORSHIP

#### **TEACHING:**

Instructor, Undergraduate Research Internship, *Emotion Health & Psychophysiology Lab, UCSF* Summer 2016; 2017

Small Group Facilitator, Health and the Individual, *UCSF* Spring 2016

Teaching Assistant, Novel Approaches to Emotion, Summer Institute in Social and Personality Psychology, Boston, MA

Summer 2015

Teaching Assistant, Foundations of Psychology, *Northeastern* Fall 2013

Lab Instructor, Advanced Research in Social Psychology Spring 2012; 2013

Instructor, Directed Study and Lab in Social Psychology, *Interdisciplinary Affective Science Lab, Northeastern* 

Multiple terms, 2011-2015

Teaching Assistant, Statistics in Psychological Methods, *Northeastern* Spring 2011, Fall 2012, Spring 2015

Lab Instructor, Emotion, Boston College Spring, 2010

Teaching Assistant, Research Methods, William & Mary Spring, 2009

Teaching Assistant, Introduction to Psychology, William & Mary Fall, 2008

Lab Instructor, Advanced Research in Perception, *William & Mary* Spring, 2008

Teaching Assistant, Elementary Statistics, William & Mary Fall, 2007

#### **MENTORSHIP:**

Co-op Supervisor, *Northeastern University* Multiple terms, 2012-2015

Undergraduate Thesis Advisor, *Boston College; Northeastern University* Fall-Spring, 2010; Fall-Spring, 2015

#### STUDENT PRESENTATIONS:

(a undergraduate student co-author, b trainee co-author)

del Rosario, K.<sup>b</sup>, Wormwood, J.B., Quigley, K., Barrett, L.F., & Siegel, E.H. (2018). *Society for Affective Science*, Los Angeles, CA.

Bautista, N.<sup>b</sup>, Mendes, W.B., Siegel, E.H. (2017). *American Psychosomatic Society*, Berkeley, CA.

Baker, A.a, Arcidiacono, R.a, Wormwood, J. B., Siegel, E. H., Kopec, J.b, Sears, L.b, Barrett, L. F., & Quigley, K. (2016). *Eastern Psychological Association*, New York, NY.

Arcidiacono, R.a, Baker, A.a, Wormwood, J. B., Sears, L.b, Kopec, J.b, Siegel, E.H., Barrett, L. F., & Quigley, K. (2016). *Eastern Psychological Association*, New York, NY.

Bautista, N.A.ª Carrillo, B.ª, Siegel, E.H., Park, J., & Mendes, W.B. (2016). *Stanford Undergraduate Psychology Conference*, Palo Alto, CA.

Kopec, J. b, Siegel, E.H., Wormwood, J.B., Sears, L.T. b, Quigley, K., & Barrett, L.F. (2015). Society for Affective Science Annual Meeting, Oakland, CA.

Kopec, J.<sup>b</sup>, Siegel, E.H., Wormwood, J.B., Sears, L.T.<sup>b</sup>, Quigley, K., & Barrett, L.F. (2014). *Society for Affective Science Annual Meeting*, Bethesda, MD.

Sears, L.T.<sup>b</sup>, Wormwood, J.B., Siegel, E.H., Kopec, J.<sup>b</sup>, Quigley, K., & Barrett, L.F. (2014). *Society for Affective Science Annual Meeting*, Bethesda, MD.

Kopec, J.<sup>b</sup>, Siegel, E.H., Wormwood, J.B., Sears, L.T.<sup>b</sup>., Quigley, K., & Barrett, L.F. (2014). *Society for Personality and Social Psychology Annual Meeting*, Austin, TX.

Sears, L.T.<sup>b</sup>, Wormwood, J.B., Siegel, E.H., Kopec, J.<sup>b</sup>, Quigley, K., & Barrett, L.F. (2014). *Society for Personality and Social Psychology Annual Meeting*, Ausin, TX.

Cannon, M.S.<sup>a</sup>, Siegel, E.H., Kleckner, I., & Barrett, L.F. (2013). *Society of Personality and Social Psychology Annual Meeting*, New Orleans, LA.

## PROFESSIONAL SERVICE

2018-2019	Digital Outreach Chair, Society for Affective Science
2017-2019	Journal Club Podcast (Host), Society for Affective Science
2018	Poster and Flashtalk Award Judge, Society for Affective Science
2018	Student Poster Award Judge, Society for Personality and Social Psychology
2016-2018	Digital Outreach Organizing Committee, Society for Affective Science
2014-2015	Program Committee, Society for Psychophysiological Research
2013-2015	Committee to Promote Student Interests, Society for Psychophysiological Research
2008-2009	Student Caucus, Association for Psychological Science
2007-2008	Psychology Department Rep., Graduate Student Association, College of William & Mary

#### Grant Reviewer:

American Psychological Society (APA)
National Science Foundation (NSF)

#### Ad Hoc Reviewer:

Emotion
Emotion and Cognition
Journal of Experimental Psychology: General
Nature
Perception
Personality and Social Psychology Bulletin
Psychological Science
Psychology and Aging

#### **Professional Societies:**

Association for Psychological Science Cognitive Neuroscience Society Society for Psychophysiological Research American Psychosomatic Society Society for Affective Science Society for Personality and Social Psychology

## **PRESS** (selected)

"Your Mood Literally Changes How you See the World, New Science Shows" by Jessica Stillman, April 30, 2018, *Inc*.

"Physiological Reactions to Emotions are not Uniform" by Allie Nicodermo, April 18, 2018, Neuroscience News

"People Naturally Sync Their Bodies, Breathing - and Skin" by Drake Baer, January 31, 2017, Science of Us, New York Magazine

"When a Gun Is Not a Gun" by Lisa Feldman Barrett and Jolie Wormwood, April, 15, 2015, *Gray Matter,* the New York Times

"How Juicy Gossip Hijacks Your Brain" by Joshua Gowin, July 15, 2011, You, Illuminated, Psychology Today

"Psst! The Human Brain is Wired for Gossip" by Jon Hamilton, May 20, 2011, *Morning Edition*, National Public Radio

"Bad Gossip Affects our Vision as Well as our Judgment" by Ed Young, May 20, 2011, *Not Exactly Rocket Science*, National Geographic